

# Appetizers

## HOMEMADE MEATBALLS

Flip's meatballs smothered with marinara sauce, topped with sautéed peppers and onions 9.25

## KAMP'S ITALIAN SAUSAGE

Link italian sausage smothered with marinara sauce, topped with sautéed peppers and onions 9.25

## CALAMARI

Calamari dusted with semolina, fried and served with diablo sauce 9.25 Add fried pepperoncini peppers rings .75

## FLIP'S ORIGINAL PASTA CHIPS

Crispy pasta chips sprinkled with garlic seasoned parmesan, served with a side of marinara sauce 7.25 Extra Sauce 2.50

## FRESH MOZZARELLA AND TOMATO

Slices of Dallas Mozzarella Company's fresh mozzarella and tomatoes on a bed of spinach topped with fresh basil, garnished with warm toast points, served with balsamic vinegar and olive oil 9.75

## PESTO DUMPLINGS

Flip's potato dumplings in a pesto cream sauce over a bed of fresh spinach, also available with marinara 9.50

## TOASTED RAVIOLI

Lightly breaded pasta squares filled with a blend of cheeses, mirrored on tomato sauce, dusted with parmesan, finished with fresh basil, served with balsamic vinegar and olive oil 9.75

## ANTIPASTA PLATTER

Our house smoked capocollo and prosciutto hams, mortadella bologna, genoa salami, italian fontina and provolone cheeses, marinated mushroom artichoke salad, kalamata olives, pepperoncini peppers and italian vinaigrette, over a bed of fresh spinach 14.50

## FLIP'S ITALIAN NACHOS

Pasta chips layered with mozzarella and cheddar, tomatoes and sliced pepperoncini peppers, served with marinara sauce 10.75 Add italian sausage, pepperoni or chicken 2.75

## SMOKED MEAT PLATE

Hickory smoked salmon, chicken breast and Kamp's link italian sausage with onions, capers, tomatoes and tarragon mustard served with warm toast points 14.50

## FRUIT & CHEESE

A selection of 3 cheeses with fresh fruit and soft breadstick 12.25

White Cheddar Italian Fontina Brie Montrachet Feta Gorgonzola  
Swiss Provolone Smoked Gouda Fresh Dallas Mozzarella Manchego

# Soup & Salads

## SOUP OF THE DAY

Our soup is prepared from scratch Cup 3.75 / Bowl 4.75

## FLIP'S GARDEN SALAD

Romaine lettuce, carrots and red cabbage garnished with black olives, tomato wedges and a pepperoncini pepper, served with house italian vinaigrette or creamy cucumber romano dressing 4.50

## CLASSIC CAESAR SALAD

Romaine lettuce sun-dried tomatoes, parmesan and seasoned croutons tossed with our homemade caesar dressing 8.75 add Chicken 2.75 -Shrimp 6.00 -Salmon 6.00 -Calamari 6.00 HALF CAESAR 4.75

## PESCATORE SALAD

Chilled spinach linguine topped with crab meat, poached shrimp, tomatoes, black olives, capers, scallions and italian vinaigrette 11.50

## OMEGA 3 ANTIOXIDANT POWER SALAD

Spinach, blueberries, tomatoes, avocado, and red onions tossed with toasted walnuts, pine nuts and pistachios in honey sesame dressing topped with a 4 oz. grilled salmon fillet 13.25

## GREEK SALAD

Tomatoes, cucumbers, red onions, tri-color bell peppers, kalamata olives and feta cheese in italian vinaigrette 11.50

## BRUSCHETTA SALAD

Garden salad greens topped with grilled chicken breast, gorgonzola cheese and homemade balsamic vinaigrette, finished with toast points topped with tomatoes and fresh basil 11.25

## TORTELLINI (Dudman) SALAD

Cheese tortellini with prosciutto, artichoke heart and black olives tossed in italian vinaigrette, over a bed of fresh spinach, finished with a dusting of parmesan 11.25

# Specialty Pizzas

*Made with Flip's whole wheat dough*

*\*Available as Pizza & Salad Combo with 1/2 of a specialty pizza and your choice of garden or caesar salad\**

## MILLION DOLLAR PIZZA

Diablo cream sauce, italian sausage, bacon, mozzarella and cheddar, sauteed mushrooms and onions and fried pepperoncini peppers 10.75

## THE ANTIPASTA PIZZA

Tomato sauce, our house smoked capocollo and prosciutto hams, mortadella bologna, genoa salami, italian fontina and provolone cheeses, marinated mushroom artichoke salad, kalamata olives, pepperoncini peppers and spinach 10.75

## CLASSIC SAUSAGE & PEPPERONI

Tomato sauce, mozzarella, italian sausage, pepperoni, finished with oregano 9.75

## GARDEN HAMLET

Light brushing of olive oil, mozzarella, italian fontina, swiss, provolone and montrachet cheeses, fresh spinach, roasted red bell peppers and prosciutto ham 9.75

## PIZZA MARGHERITA

Tomato sauce, mozzarella, sliced tomatoes, garlic and fresh basil 9.75

## VEGETARIAN

Tomato sauce, mozzarella, mushrooms, tomatoes, black olives, capers, artichoke hearts, and a sprinkle of oregano 9.75

## FOUR CHEESE

Tomato sauce, mozzarella, italian fontina, swiss and provolone, finished with oregano and basil 9.75

## Calzones

*Enough for 2 to share*

### *The All-Meaty Supreme Calzone*

*Our house smoked capocollo ham, prosciutto ham, genoa salami, pepperoni, italian sausage, mozzarella, black olives and bell peppers folded into our whole wheat dough and baked, served with a side of marinara sauce 15.75*

### *Holy Smokes Calzone*

*Sriracha chicken breast, smoked gouda, italian fontina, swiss and provolone cheeses, jalapenos and spinach, all tucked into our whole wheat dough and baked, served with a side of spicy diablo sauce 15.75*

## Sandwiches

### FRESH MOZZARELLA, TOMATO & PROSCIUTTO

Toasted baguette spread with pesto, layered with Dallas fresh mozzarella, sliced tomatoes, prosciutto ham, spinach and fresh basil, served with pasta chips 11.25

### ITALIAN GRILLED CHEESE

Buttered baguette with mozzarella, italian fontina, swiss, provolone, parmesan and our house smoked capocollo ham, served with a cup of soup 11.25

### WARM MUFFULETTA

Toasted baguette spread with our traditional green olive salad and mayonnaise then layered with capocollo ham, genoa salami and melted mozzarella, served with pasta chips 11.25

### TARRAGON CHICKEN SANDWICH

Grilled chicken breast topped with melted italian fontina, swiss and provolone, on a toasted bun with our homemade tarragon mustard, served with Flip's fries, lettuce, tomato and onion on the side 11.25

### THE OLD FASHIONED BURGER

Our chargrilled burger with melted cheddar on a toasted bun with mustard and pickles and served with Flip's fries, lettuce, tomato and onion on the side 11.25

### MEATBALLS OR ITALIAN SAUSAGE

Choice of Flip's homemade meatballs or Kamp's link italian sausage on a toasted baguette with melted mozzarella, topped with sauteed bell peppers and onions, served with pasta chips and side of marinara 12.75

*18% Gratuity may be added to parties of six or more*

## Lunch at Flip's

Your choice of fresh pasta and homemade sauce. Served with a slice of our garlic parmesan toast.

Whole Wheat Fusilli (corkscrew) Spaghetti (ours is fat) Fettuccine (thin, wide, flat) Rigatoni (ridged tubes)  
 Vermicelli (angel hair) Spinach Linguine (narrow, flat) Linguine (narrow, flat)  
 Gluten Free Pasta (alternative to wheat flour)

Garlic & Butter Diablo	Mama's Meat Sauce Marinara	Meatballs with Mama's Sauce Italian Sausage with Marinara	Alfredo Pesto
Red Clam / White Clam 10.75	Traditional Carbonara 10.75	Creamy Carbonara 11.75	Creamy Pesto 11.75

## Flip's Specialty Dishes

Served with a slice of our garlic parmesan toast.

### MANICOTTI

Egg pasta stuffed with ricotta and parmesan, topped with marinara and melted mozzarella, over a bed of fresh spinach 11.25

### TORTELLINI

Cheese filled tortellini served in a marsala cream sauce with artichoke hearts, scallions and garlic, also available with marinara sauce 11.75

### SMOKIN' ITALIAN MAC & CHEESE

Rigatoni, italian fontina, swiss, provolone and cheddar with our house smoked capocollo ham, topped with parmesan and toasted bread crumbs, finished with chopped green onions 11.25

### THE "HOFFMAN"

Whole wheat fusilli tossed in our spicy diablo sauce with sauteed tri-color bell peppers and onions, topped with a veggie patty, finished with crispy fried pepperoncini peppers 12.50

### EGGPLANT PARMESAN

Hand breaded eggplant topped with marinara sauce, melted mozzarella and parmesan cheeses and fresh basil, over linguine in garlic and butter sauce 11.75

### CHICKEN PARMESAN

Crispy breaded chicken breast topped with marinara sauce, melted mozzarella and parmesan cheeses, over linguine in garlic and butter sauce 12.50

### LASAGNA

Ground beef, ricotta cheese, mushrooms and black olives baked between layers of pasta, topped with mama's meat sauce, finished in the oven with mozzarella 11.75

### CHICKEN LASAGNA

Chicken breast, mozzarella, parmesan, ricotta and cottage cheeses baked between layers of pasta, finished with mushroom onion cream sauce, also available with marinara sauce 11.75

### GNOCCHI PESTO CREAM

Potato dumplings tossed in our pesto cream sauce with sun-dried tomatoes and pine nuts, finished with gorgonzola cheese and fresh basil, over a bed of fresh spinach 12.50

### MEDITERRANEAN PASTA

Shrimp sauteed in olive oil with artichokes, capers, onions, sun-dried tomatoes, kalamata olives, fresh spinach, basil, garlic and pine nuts, tossed with fettuccine and finished with feta cheese 13.50

### CRISPY CHICKEN OR SALMON PICATTA

Your choice of lightly breaded chicken breast or grilled salmon fillet prepared with a white wine, caper butter sauce, over linguine, served with side of toasted pine nut wilted spinach Chicken 12.50 Salmon 15.50

## Desserts & Beverages

Desserts 7.00

Beverages 2.50

Tiramisu Goopy Chocolate Pudding Tuaca Creme Brulee Nutella Cheesecake Italian Cream Cake Peanut Butter Pie  
 Coke Diet Coke Dr. Pepper Sprite Unsweetened Iced Tea Hot Tea Coffee