

Flip's Original Pasta Chips
7.75

Appetizers

Garlic Parmesan Toast
6.00

The Platter

A platter of capocollo and prosciutto hams, genoa salami, mortadella, italian fontina, provolone and Dallas fresh mozzarella cheeses, kalamata olives, green olive salad, and pepperoncini peppers, on a bed of fresh spinach, served with warm toast points 15.25

Italian Cheese Plate

Italian fontina, provolone, Dallas fresh mozzarella and gorgonzola cheeses, homemade grape chutney, walnuts, soft breadstick and fresh grapes 11.50

Flip's Italian Nachos

Pasta chips layered with mozzarella and cheddar cheeses, tomatoes and sliced pepperoncini peppers, served with marinara sauce 12.50,
add italian sausage, pepperoni or chicken 3.00

Toasted Ravioli

Lightly breaded pasta squares filled with a blend of cheeses, mirrored on tomato sauce, dusted with parmesan, finished with fresh basil, served with balsamic vinegar and olive oil 10.25

Pesto Dumplings

Flip's potato dumplings in a pesto cream sauce over a bed of fresh spinach, also available with marinara 10.25

Fresh Mozzarella and Tomato

Sliced Dallas fresh mozzarella and sliced tomatoes over spinach topped with fresh basil, garnished with warm toast points, served with balsamic vinegar and olive oil 10.25

Calamari

Calamari dusted with semolina and fried, served with diablo sauce 9.75,
add fried pepperoncini peppers rings 1.25

Grilled Gorgonzola Toast

Our garlic parmesan toast, grilled and topped with melted gorgonzola and mozzarella cheeses, diced tomatoes and fresh basil, walnut garnish, served with balsamic vinegar and olive oil 10.75

Homemade Meatballs or Kamp's Italian Sausage

Your choice of Flip's meatballs or Kamp's link italian sausage smothered with marinara sauce, topped with sautéed peppers and onions 9.75

Bruschetta

Our garlic parmesan toast, grilled and topped with diced tomatoes and fresh basil, served with balsamic vinegar and olive oil 8.25

Flip's 'Fredo Fries

Our extra crispy fries smothered with melted mozzarella and a creamy mushroom-onion alfredo sauce 10.75

Salads and Soup

Omega 3 Antioxidant Power Salad

Spinach, blueberries, tomatoes, avocado, and red onions tossed with toasted walnuts, pine nuts and pistachios in honey sesame dressing, topped with a 4 oz. grilled salmon fillet 14.00

Classic Caesar Salad

Romaine lettuce, sun-dried tomatoes, parmesan and seasoned croutons tossed with homemade caesar dressing Half 4.75 / Full 9.50,
add chicken 3.00 -shrimp 6.00 -salmon 6.50

Pescatore Salad

Chilled spinach linguine topped with crab meat, poached shrimp, tomatoes, black olives, capers, scallions and italian vinaigrette 11.75

Greek Salad

Tomatoes, cucumbers, red onions, bell peppers, kalamata olives and feta cheese in italian vinaigrette 11.75

Mediterranean Chicken Salad

Spinach, arugula, red onion, artichoke hearts, kalamata olives, broccoli, tomato wedges, feta cheese, pine nuts and crispy croutons, with your choice of italian vinaigrette or creamy cucumber romano dressing, topped with grilled chicken 12.25

Tortellini Salad (The Dudman)

Cheese tortellini with prosciutto ham, artichoke heart and black olives tossed in italian vinaigrette, over a bed of fresh spinach, finished with a dusting of parmesan 11.75

Flip's Garden Salad

Romaine lettuce, carrots and red cabbage, served with house italian vinaigrette or homemade creamy cucumber romano dressing 4.75

Flips Specialty Dishes

Served with a slice of our garlic parmesan toast

Manicotti

Egg pasta stuffed with ricotta and parmesan, mirrored on marinara, topped with pesto and toasted pine nuts 11.75

Lasagna

Ground beef, ricotta, cottage cheese, mushrooms and black olives baked between layers of pasta, topped with mama's meat sauce, finished in the oven with mozzarella 12.50

Specialty Pizzas

Made with Flips whole wheat dough

Million Dollar Pizza

Diablo cream sauce, italian sausage, mozzarella and cheddar cheeses, sauteed mushrooms and onions, topped with fried pepperoncini peppers 16.50

Prosciutto Arugula Pizza

Light brushing of olive oil, prosciutto ham, italian fontina, swiss, provolone cheeses, and fresh rosemary, baked and finished with seasoned arugula 16.50

Classic Sausage and Pepperoni

Tomato sauce, mozzarella cheese, italian sausage, pepperoni, and a sprinkle of oregano and basil 15.50

Garden Hamlet

Light brushing of olive oil, prosciutto ham, mozzarella, italian fontina, swiss, provolone and feta cheeses, fresh spinach and roasted red bell peppers 15.50

Pizza Margherita

Tomato sauce, Dallas fresh mozzarella and shredded mozzarella cheeses, sliced tomatoes, garlic, baked and finished with fresh basil leaves and a drizzle of extra virgin olive oil 15.50

Vegetarian

Tomato sauce, mozzarella cheese, mushrooms, tomatoes, black olives, capers, artichoke hearts, and a sprinkle of oregano and basil 15.50

Four Cheese

Tomato sauce, mozzarella, italian fontina, swiss, and provolone cheeses, and a sprinkle of oregano and basil 15.50

The All - Meaty Supreme Calzone

Enough for two to share...Our house smoked capocollo and prosciutto hams, genoa salami, pepperoni, italian sausage, mozzarella cheese, black olives and bell peppers folded into our whole wheat dough and baked till golden, served with a side of marinara sauce 16.50

Flips serves antibiotic and hormone free chicken, beef and pork

18% Gratuity may be added to parties of six or more